



Packinghouse Christian Academy  
Athletic Handbook  
2020-2021

## **ATHLETIC CONTACT INFORMATION**

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Schedules and Directions: [www.renweb.com](http://www.renweb.com)

*Please read all pages and sign Parent & Student agreement at the end of this Handbook and return to the school office. Thank You!*

## **INTRODUCTION**

The athletic program at Packinghouse Christian Academy provides opportunity for students in grades 4th–12th to use and develop their God-given talents in the form of physical competition. Athletics is just one aspect of a student's total educational experience. It is an extension of the school's mission "to disciple students to honor Jesus Christ in thought, word, and deed". The goal of athletics at Packinghouse is to pursue excellence with character by honoring God and developing athletic potential. This handbook is designed to help students and parents understand the role and function of athletics at Packinghouse Christian Academy. It should serve as a reference to assist anyone in seeking information about the function of athletics at the school.

## **PCA ATHLETIC PHILOSOPHY**

The foundation for the athletic program at Packinghouse Christian Academy is God's Word. Biblical principles should be reflected throughout the athletic program at Packinghouse. Athletic teams at Packinghouse are led by coaches who view athletics as a ministry and are intent on making sure athletes are applying Biblical principles on a daily basis throughout their athletic experience.

The overall purpose of athletics at Packinghouse is to honor God in everything that is done. A God-honoring program does not happen by accident. It is the result of purposeful and intentional actions including the following:

- Athletes must learn the value of sportsmanship while developing the attitude of Christ. They should remember that they represent Christ at all times and seek to be like him in the words and actions.
- Athletes must learn the value of physical activity and hard work, realizing that their bodies are the temples of the Holy Spirit and should be treated accordingly.

□ Athletes must learn to pursue excellence. Excellence does not mean that they win every game they compete in, but they are striving to do everything with their entire effort to maximize the ability that God has given them.

These building blocks are the foundation for succeeding in athletics as well as in life. Winning from a Christian perspective is not measured by the scoreboard. The results of a successful sports season at Packinghouse Christian Academy will be measured years from now as athletes put into practice the lessons they have learned on the court and field.

## **PROGRAM PHILOSOPHY**

### **Elementary Level**

The purpose of elementary sports is for students to develop an appreciation and enjoyment of the sport. Priorities at this level are to encourage participation and to build basic individual and team skills. Everyone should get an equal amount of participation time. The goal is to get as many elementary students involved as possible. Encouraging participation and building basic skills will strengthen the athletic program in the future.

### **Middle School Level**

The purpose of middle school sports is for students to continue to develop enjoyment of the sport and improving basic individual and team skills. Every athlete should get the opportunity to play minutes that will impact the game. However, playing time will not be equal. Athletes should be introduced to the concept that each player has a specific role on the team. The emphasis at this level should shift toward developing the most competitive team possible.

### **High School Level**

The purpose of high school sports is for students to enjoy the sport by playing at a competitive, high level of play. Athletes should be pushed to attain the highest level possible. Varsity level players are expected to have a solid grasp of the fundamentals, have excellent skills related to their sport, and be in good physical condition necessary to compete appropriately at the varsity level. The concept of teamwork and playing a specific role on a team should be mastered at this level. Playing time decisions for each player at the varsity level are left totally to the coach's discretion. Playing time is not guaranteed and each athlete should understand that God has gifted everyone in different ways. Their goal should be to become the best athlete they can be with those abilities that God has given them.

## **ATHLETE EXPECTATIONS:**

- 1.** Make your commitment to the team a priority and keep priorities in order by having God first, family second, school third, and athletics fourth.
- 2.** Strive for excellence.
- 3.** Treat teammates and others as more important than yourself.
- 4.** Be an example in regards to upholding the rules of the school and your team.
- 5.** Devote yourself to good sportsmanship.
- 6.** Attend all practices, games, and team activities.
- 7.** Be diligent and consistent with schoolwork to maintain eligibility during the season.
- 8.** Be responsible for the proper care of uniforms and equipment
- 9.** Represent Packinghouse Christian Academy with the highest level of respect, integrity, and Christian character both on and off the field.

## **PARENT EXPECTATIONS:**

1. Understand your role as a spectator. Encourage and uplift your athlete, coaches and the team. Officials and opponents should be treated with respect.
2. Support your athlete's commitment by requiring their attendance at all team practices, events, and games.
3. As much as possible, eliminate scheduling conflicts with practices and games.
4. Follow the Biblical method for conflict resolution when a problem arises. Go first to the person involved.
5. Packinghouse Christian Academy depends on parent involvement for the success of all of its programs, including athletics. The athletics department asks that all parents with students involved in athletics to help with the following: transportation, helping set up/tear down courts & fields, help at the score table/score book, provide snacks, set up end of season parties, keep lines at volleyball games, provide items for fundraisers, help serve at fundraisers, and be available to help anywhere.
6. Pray for and encourage your athlete daily.

## **SPORTS SNAPSHOT**

Elementary students are offered fun, on-campus fundamental skill training and competitions in a variety of different sports.

Packinghouse Christian Academy is affiliated with the following organizations:  
Mountain Valley League (Middle School Sports)  
Majestic League (CIF-SS)

Packinghouse Christian Academy is pleased to offer the following sports Middle School and High School sports:

### **Fall**

*Middle School (MS) Girls Volleyball (6<sup>th</sup>-8<sup>th</sup>)*  
*MS Girls & Boys Cross Country (6<sup>th</sup> – 8<sup>th</sup>)*  
*Varsity Girls Volleyball*  
*Varsity Girls & Boys Cross Country*

### **Winter**

*MS Girls Softball (6<sup>th</sup> – 8<sup>th</sup>)*  
*MS Boys Baseball (6<sup>th</sup> – 8<sup>th</sup>)*  
*Girls Varsity Basketball*  
*Boys Varsity Basketball*

### **Spring**

*MS Girls & Boys Basketball*  
*Varsity Coed Golf*  
*Varsity Softball*  
*Varsity Baseball*

**\*\*\*ALL SPORTS TEAMS ARE SUBJECT TO CANCELLATION IF THERE ARE NOT ENOUGH ATHLETES OR COACHES TO COMPRISE A TEAM.\*\*\***

## **ATHLETIC PARTICIPATION (secondary athletes)**

Students will not be allowed to practice when the season begins if they have not turned in the following:

### 1. Physical Form

- Each athlete must have a current physical exam on file.
- The form must be properly completed, signed by a parent and doctor, and dated within 13 months spanning the entire season for that sport.

### 2. Emergency Contact Information

### 3. Athletic Permission Form

## **ACADEMIC ELIGIBILITY:**

Those who participate in sports are students first and athletes second. These guidelines support Packinghouse Christian Academy's philosophy that all students' academics take precedence over athletics.

### Applies to 6<sup>th</sup>-12<sup>th</sup> grades:

Grades will be checked every two weeks to determine a student's eligibility for athletics. The first check will be three weeks into the quarter. Eligibility checks will be completed on Fridays and the ineligible period will begin the following Monday. Students will be declared ineligible for participation in games if they have either two D's or one F at the end of that two-week period. The student will then have the next two-week period to bring his or her grades up. The consequences for ineligibility are as follows:

1st offense: The student will be declared ineligible for a two-week period and will be allowed to participate in practices but not games for the entire two-week period.

2nd offense: The student will be declared ineligible for another two-week period and will be allowed to participate in practice but not games for the entire two-week period.

3rd offense: The student will not be allowed to participate in the rest of that sports season.

In order to focus on academics, ineligible athletes may meet with coaches to determine if it is more profitable for them to attend practice or take that time to focus on bringing up their grades.

## **GAME PARTICIPATION**

1. A student-athlete must be in attendance for a minimum of four class periods (1/2 day) the day of the contest.
2. If the contest falls on a non-school day, Saturday, or on a day off of school the coach will make the decision regarding participation, keeping in mind the circumstances regarding the absence.
3. If an athlete has been injured and obtained medical treatment, they may not participate in any practices or contests until given a medical release by the athlete's doctor.

## **PRACTICE PARTICIPATION**

Practice is one of the most important parts of an athletic season. It is in practice that individual skills are learned and developed, and teams learn to cooperate and accomplish goals that are bigger than each individual player. These goals do not happen if all players are not committed fully to the team and their teammates. Because of this, all teams follow these guidelines regarding practice attendance:

1. If an athlete anticipates missing a practice for any reason, prior notice should be given to their coach.
2. **A student must be present at school for a minimum of four class periods (1/2 day) in order to participate in practice.**
3. An absence from practice that is considered excused would be for the following reasons (but not limited to these reasons):
  - Sickness
  - Death in the family
  - College visit
  - Necessary schoolwork (such as tutoring in a difficult class)
  - Athletes should still communicate with their coach when they anticipate missing practice.

## **TRANSPORTATION:**

Unless stated otherwise by the coach, all athletes, statisticians and managers will travel to and from games with parent driven vehicles, which will be driven by either the parents or another adult with the proper license. Transportation to and from practices are the responsibility of the parents.

Should there be a need for an athlete to return home after a game in a vehicle other than the vehicles assigned or with his/her parent (e.g. with friend), **a written note signed by the athlete's parent is needed to excuse the athlete.** Since a coach is legally responsible for all the athletes and students involved in their program it is essential that parents and athletes follow this guideline.

Please try to pick up your athlete from school as soon as possible after the finish of practice or games. We greatly appreciate your help and promptness in this area, **as coaches must remain at school until all athletes have been picked up.**

Parents needing directions to the games may obtain them from [www.renweb.com](http://www.renweb.com). Click on calendar and then the date of the game and then map.

## **INCLEMENT WEATHER POLICY**

If school is cancelled or closed on the day of a game or practice due to weather conditions, that day's game or practice will be cancelled as well and will be rescheduled if possible. The administration may make exceptions to this rule if it is considered safe to travel. In this case, athletes will be contacted by their coach or Athletic Director.

## **UNIFORMS**

1. Each athlete is completely responsible for the proper care of any uniform or equipment issued by the school. Any lost, stolen, or damaged items will be charged to the athlete to whom they were issued.
2. Uniforms provided by the school should not be worn for any other purpose other than games.
3. Uniforms and equipment must be turned in two weeks after the last game of the season to their coach.
4. If a uniform is not turned in by the appropriate time, the student will be charged for the total uniform cost and will be responsible for that amount unless the uniform is returned.
5. If the uniform is not turned in or paid for by the end of the semester, the student's grades will not be released until the uniform is turned in or the total amount of the uniform cost is received.



## **COMMUNICATION/ CONFLICT RESOLUTION**

There are times during a sports season when a parent or athlete may have questions and concerns regarding a variety of topics. As with anything at Packinghouse, parents and students are encouraged to follow Biblical principles regarding conflicts. Practically, these are steps that should be taken to solve conflicts:

1. Athletes should first seek out his coach and discuss their concerns.
2. If further clarification is required, parents should go with the athlete to discuss the matter with the coach.
3. If the issue is still not resolved, the parents and athlete should meet to discuss the issue with the athletic director.

It is best if these conversations do not take place immediately before or after practices or games. An appointment may be scheduled at a different time to discuss the incident/event.

## **AWARDS (6<sup>th</sup>-8<sup>th</sup>)/LETTERING POLICY (Varsity Athletes)**

To receive Awards/Varsity letter in any sport the athlete must meet these criteria.

1. Must participate in 50% of the games/quarters.
2. Must be academically eligible for the whole season.
3. Must attend all practices or have an excused absence.
4. Must follow the PCA's Athlete's Code of Conduct.

To understand better how awards are decided please see student handbook (Applies to Secondary Students).

Letters and other awards will be given at the end of year events.

End of Season Parties are optional and are provided by the parents. The Athletics Department does provide an End of Season Sports Banquet for Secondary (6<sup>th</sup>-12<sup>th</sup>) Sports.



**PCA Christian Academy  
Athletic Permission and Commitment Form  
PARENT AGREEMENT:**

I have read and support the PCA Athletic Handbook and give permission for my child(ren) to participate in Athletics at Packinghouse Christian Academy. I will not hold Packinghouse Christian Academy, staff members, coaches, or parent drivers liable for injuries your child(ren) may incur during travel or participation in an athletic event.

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**Parent Name (please print) Parent Signature Date**

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**Parent Name (please print) Parent Signature Date**

**STUDENT AGREEMENT:**

I have read and agree to abide by the PCA Athletic Handbook.

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**Student Name (please print) Student Signature Date**

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**Student Name (please print) Student Signature Date**

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**Student Name (please print) Student Signature Date**